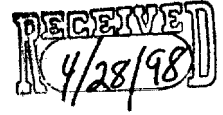




CELESTIAL SEASONINGS, INC.

4600 Sleepy time Drive, Boulder, CO 80301-3292 USA (303) 530-5300

7 8 5 5 '98 MAY 11 P1:47



April 16, 1998

Office of Special Nutritionals
HFS 450
200 C. Street SW
Washington, DC 20204

As per Section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

Name and address:

Celestial Seasonings, Inc.
4600 Sleepytime Drive
Boulder, CO 80301-3292

Text of Statement(s):

- Tension Tamer Ultimate Blend with kava kava, chamomile and licorice root standardized extracts, plus magnesium, B Vitamins and buffered Vitamin C, is a gentle way to support your natural ability to unwind at the end of the day.
- . This unique formula contains the right blend of natural ingredients you need for whole body relaxation.
- A natural formula for whole body relaxation.
- . Kava kava and chamomile soothe and calm you.
- Magnesium, an essential mineral, aids your central nervous system.
- . B Vitamins help you cope day to day.

Ingredient statement:

Buffered Vitamin C, pantothenic acid, niacin, Vitamin B6, folate, Vitamin B 12, magnesium, chamomile extract, kava kava extract, licorice root extract, rice flour, magnesium stearate and methylcellulose.

Name of dietary supplement (including brand name):

Celestial SeasoningsTM
Tension Tamer Ultimate Blend

I hereby certify that the information contained in the above notice is complete and accurate, and that Celestial Seasonings, Inc. has substantiation that the statements are truthful and not misleading.

Sincerely,

A handwritten signature in black ink, appearing to read "Mike Gross", with a stylized, cursive script.

Mike Gross,
Technical Services Manager